

UNSW
Medicine & Health
**OPTOMETRY &
VISION SCIENCE
WELCOME**



Welcome to Commencing Students 2026

Professor Lisa Keay

Head of School

School of Optometry & Vision Science

Website: <https://www.optometry.unsw.edu.au/>

Facebook SOVS: <https://www.facebook.com/UNSWOptom/>

Facebook Clinic: <https://www.facebook.com/UNSWoptometryclinic>

LinkedIn: <https://www.linkedin.com/showcase/107816756>



Welcome to UNSW Sydney!

Term 1 Orientation



UNSW
SYDNEY



Welcome to Commencing Students

- Introduction to School
- First year course coordinators
- Introduction to School staff
- Useful information and advice
- Student Society/Peer Mentor Program
- Tours
- BBQ at the Physics Lawn

[Website: https://www.optometry.unsw.edu.au/](https://www.optometry.unsw.edu.au/)

School of Optometry & Vision Science

- Largest in Australasia
- Features
 - Undergraduate education
 - Bachelor of Vision Science
 - Accredited programme
 - Bachelor of Vision Science/Master of Clinical Optometry
 - Postgraduate education
 - Orientation and Mobility – Grad Dip
 - Vision impairment – Grad Cert
 - Higher Degree Research
 - Short Courses
 - UNSW Optometry Clinic
 - Optics and Radiometry Lab (ORLAB)
 - Brien Holden Vision Institute (BHVI)



“Advancing vision and eye health in society through world-class, innovative, multi-disciplinary education and research”

Research Excellence

Merits/Awards for Research 2025

- **Benchmarking:**
 - UNSW School of Optometry & Vision Science ranked as the second top School globally for Optometry
 - UNSW School of Optometry and Vision Science recognised as the top institution globally for contact lens research
 - Scientia Professor Fiona Stapleton AO, Professor Mark Willcox and A/Prof Nicole Carnt ranked as #2, #5, #8 respectively globally in contact lens research and many other School academics ranked in the top 50 world rankings (2025 ratings)
- **Publications:**
 - 355 peer reviewed papers from members of SOVS in 2025
- **Grants:**
 - \$2M in research grants for 2025
- **UNSW Awards:**
 - Dr Revathy Mani – Faculty of Medicine & Health Educational Excellence Award (Early Career Researcher)
 - Dr Vanessa Honson – Faculty of Medicine & Health Educational Excellence Award (Academic Staff)
 - Ms Michelle Bonanno – Faculty of Medicine & Health Enabling Educational Excellence
 - A/Prof Maria Markoulli – Faculty of Medicine & Health Research Collaboration Award
 - A/Prof Sieu Khuu, Dr Sharon Oberstein, Dr Vinod Maseedupally and the NEXUS Team Faculty of Medicine & Health Values in Action: Collaboration Award
 - Xiaona Ping Received the Faculty of Medicine & Health PhD Candidate Award
 - Nicola Kapo Received the Faculty of Medicine & Health Staff Award
- **International Awards:**
 - Emeritus Professor Stephen Dain received the Henry B. Peters Award for Public Health and Environmental Vision from the American Academy of Optometry Foundation
 - Emeritus Professor Eric Papas received the Bernard Gilmartin OPO Award from the College of Optometrists UK for the authoring a highly regarded paper
 - Professor Konrad Pesudovs received the Arthur Bennett Prize from the College of Optometrists UK for the global impact of his research in optometry and vision science
 - Professor Isabelle Jalbert received the Michael G Harris Award for Excellence in Teaching Optometry Students and Advancing Optometric Education from the American Academy of Optometry Foundation
 - PhD candidates Soumen Sadhu and Mukesh Kumar received prestigious and highly competitive American Academy of Optometry Ezell Fellowships.

Engagement

- Alumni CPD Evenings & Workshops
- Alumni Newsletter (found on our website)
- Social Media – Facebook/LinkedIn
- Outreach Activities
- Engagement with the Profession

Follow us on our Social Media Platforms

<https://www.facebook.com/UNSWOptom/>
<https://www.linkedin.com/showcase/107816756>



UNSW School of Optometry and Vision Science @UNSWoptomv · Jan 15 · ...

As our daily lives become increasingly entwined with screens, our vision could suffer – particularly children's.



Is too much screen time bad for our eyes?

From newsroom.unsw.edu.au



UNSW Optometry and Vision Science

Published by Nicola Rogers-Kapo



· 5 February at 12:03 · 🌐

Welcome to the new OptomSoc Executive for 2025. We look forward to working with you.



Programmes

Bachelor of Vision Science

Year 1: Enabling Sciences, Introduction to Vision Science and Optometry

Year 2: Foundation knowledge in Optometric disciplines: Optics, Anatomy and Physiology, Diseases, Dispensing, Vision Science, introduction to clinical skills.

Year 3: Advance disciplinary knowledge in Optometry, diseases and Vision Science

Master of Clinical Optometry

Year 4: Advanced disciplinary knowledge in Optometry and clinical practice.

Year 5: Research Project, Clinical Practice and Ocular Therapeutics.

EXIT

- Optometric Practice
- Employment in the Optometric industry
- Public health
- Coursework programs

Honours

Year 4: Research Project, Seminars in Vision Science.

VISN4016

EXIT

- Ophthalmic technology
- Employment in the ophthalmic industries
- Eye and vision research

Higher Degree Research

Master of Science
Doctor of Philosophy

Alternative Entry – Transfer from the UNSW Bachelor of Vision Science program

To be considered for entry into the MClinoptom, students must maintain at least an overall CREDIT average (65.00% WAM) in the BVisSci. BVisSci graduate students may wish to apply for the honours program.

Police Check, Working with Children Check, training and vaccination requirements

Students entering the Master of Clinical Optometry are required to submit a Police Check, Working with Children Check, confidentiality agreements and vaccination records. They are also required to complete a first-aid course and mental health first aid course. Students progressing to the Master of Clinical Optometry will be provided with further information in the Year 3 of Bachelor of Vision Science studies. If you have any questions, please see: [Policies | Medicine & Health - UNSW Sydney](#) or contact the Work Integrated Learning Officer, Ms Michelle Bonanno at

mh.sovswil@unsw.edu.au



Work Integrated Learning

Work Integrated Learning (WIL) Opportunities.

- Bachelor of Vision Science students in their 2nd and 3rd years of studies may wish to apply for WIL opportunities to gain work experience in the vision science and ophthalmic industry.
- Students will need to apply to the school and undergo a selection process which may include an interview.
- Opportunities exist for work experience with commercial enterprises (e.g., ophthalmic-related technologies and pharmaceuticals) and non-profit organisations that provide support for those with visual impairment.

Contact Information:

- Senior Lecturer Dr Vinod Maseedupally: vinodm@unsw.edu.au (School Vision Science WIL coordinator)



WORK INTEGRATED LEARNING



AT UNSW



Aboriginal and Torres Strait Islander Health Education

'Cultural Safety is everyone's business'



Our team:

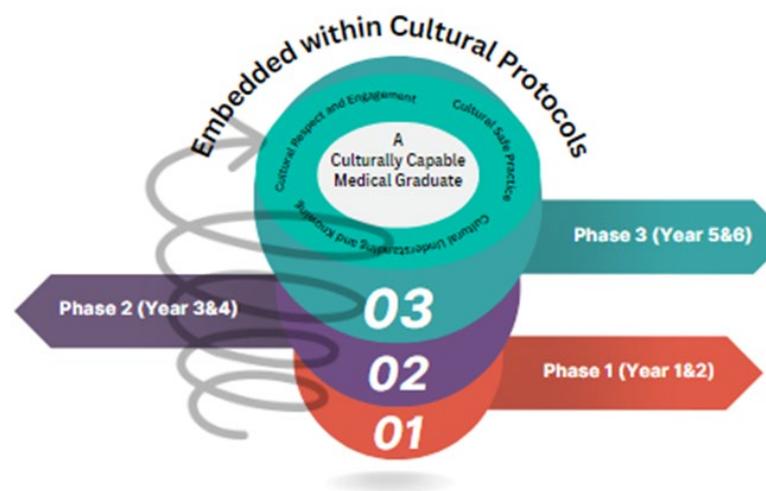
- Lecturer – Lauren Carr (Muruwari)
- Indigenous Student Support Officer – Frances Pestana
- Director of Indigenous Health Education Strategy - A/Prof Melody Muscat

Culturally safe practices include actions that recognise and respect the cultural identities of others and safely meet their needs, expectations and rights.

Integrated Curriculum embedded across all health programs

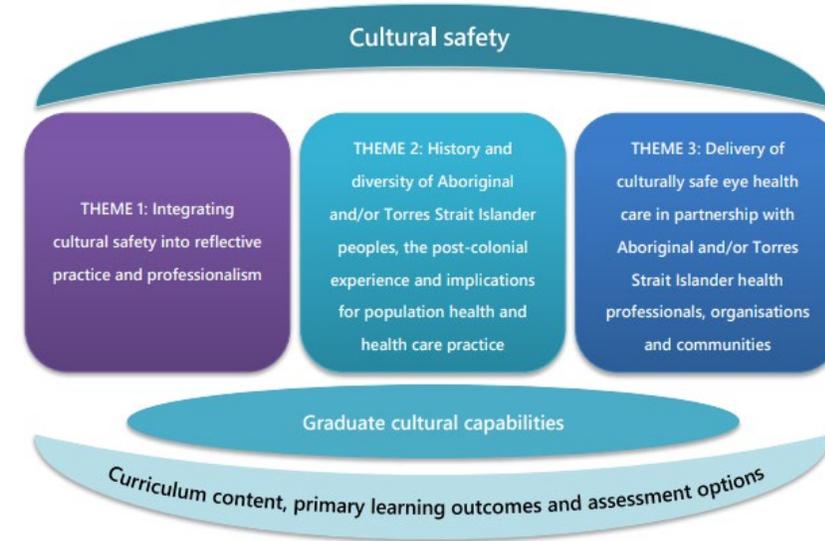
Key learning area:

- Historical context
- Aboriginal and Torres Strait Islander culture, beliefs and practice
- Racism in Health Care
- Health data
- Cultural safety in practice
- Health promotion and advocacy
- Professional and ethical issues in Aboriginal and Torres Strait Islander Health.



Aboriginal and Torres Strait Islander Cultural Competence working group

- Working group formed in 2019
- Current members – A/Prof Melody Muscat, Ms Lauren Carr, Prof Lisa Keay, Dr Pauline Kang, Dr Vanessa Honson, Dr Kathleen Watt and Ms Donna LaHood
- OCANZ (National Regulatory body) Cultural Safety Framework themes embedded from stage 1 in undergraduate and post-graduate programs
- Staff training sessions at annual school retreat and On-Country experience
- Continued support of regulatory and eye care bodies programs including OCANZ, Vision 2020, Leaders in Indigenous Optometry Education Network (LIOEN)
- Enabling and supporting clinical placement opportunities in community controlled health services, urban, rural and remote Australia



FIRST YEAR COURSES



UNSW
SYDNEY

School of Mathematics and Statistics

Dr Dinh Tran



MATH1031 Mathematics for Life Sciences or
(Course convenor: Dr Dinh Tran)

MATH1131 Mathematics 1A or
(Course convenor: Dr Kevin Limanta)

MATH1141 Higher Mathematics 1A
(Course convenor: Dr Nathan Jackson)

[\(Recommended enrolment in Term 1\)](#)

A/Prof Jonathan Kress



Associate Professor Jonathan Kress
Director of First-Year Mathematics and Statistics

Level 3, Rm 3073, H13-E-3073, The Anita B. Lawrence Centre

he ug.MathsStats@unsw.edu.au

<http://www.maths.unsw.edu.au>

1. See: <http://moodle.telt.unsw.edu.au/my/>
2. Lectures start week 1
3. Tutorials start in week 1 and run to week 10

School of Physics

Dr Kate Jackson



PHYS1111 Fundamentals of Physics or PHYS1121 Physics 1A or PHYS1131 Higher Physics 1A

- Lab classes start in week 2 for PHYS1111, PHYS1121 and PHYS1131, you need a lab manual and covered shoes. Lectures and problem-solving workshops (OTH) start in week 1.
- All labs and problem-solving workshops (tutorials) are face-to-face; for PHYS1111, PHYS1121 and PHYS1131, you can choose between face-to-face and online asynchronous lectures.
- First Year Lab is situated in Rooms 112-115 in Old Main Building.
- All the information about these courses are on the course Moodle sites.

Contact Information:

- **Kate Jackson:** kate.jackson1@unsw.edu.au

School of Chemistry

Dr Laura McKemmish



CHEM1011 Chemistry 1A: Atoms, Molecules and Energy

([Recommended enrolment in Term 2](#))

Dalton Building 123

l.mckemmish@unsw.edu.au

1. See information on 'Moodle' for the course outline, schedule and FAQs
2. Buy CHEM1011/CHEM1031/CHEM1051 combined Lab Manual from UNSW Bookshop or download and print them from Moodle
3. Lectures, Other Components, Labs and Tutorials start Week 1. Do the Safety & Ethics pre-lab before your first lab
4. There is a Chemistry diagnostic test as well as a learning module that covers all the core aspects of assumed knowledge for our mainstream CHEM1A (and similar) courses. I would encourage you to explore these resources as a means to identify if you may need to take CHEM1001 Introductory Chemistry in T1, and the areas of assumed knowledge you need to brush up on before commencing your studies with us.

How to access the diagnostic test and resources

- Click on the link to navigate to the course
<https://moodle.telt.unsw.edu.au/enrol/index.php?id=73166>
- If you are not logged onto Moodle you will need to enter your zID and Zpass.
- To access the course, you will need to self-enrol
 - Use the Student Key: Science1stYearDiagnostics



School of Chemistry

A/Prof Graham Ball



CHEM1829 Biological Chemistry for Optometry

([Term 3](#))

Chemical Sciences (F10) Room 1008

g.ball@unsw.edu.au

1. Buy CHEM1829 Lab Manual from UNSW Bookshop.
2. See information on 'Moodle' for course information
3. Lectures, Other Components, Labs and Tutorials start Week 2. Do the Safety & Ethics pre-lab before your first lab



School of Biotechnology and Biomolecular Science

Dr Teagan Mock



BABS1201 Molecules, Cells and Genes
([Recommended enrolment in Term 1](#))

Contact Information:

Dr Hassan Choucair h.choucair@unsw.edu.au

Dr Teagan Mock t.gale@unsw.edu.au

Dr Lana Ly lane.ly@unsw.edu.au

Dr Hassan Choucair



Dr Lana Ly



“Welcome to UNSW and congratulations on what you have achieved to be here in Optometry and Vision Science. Molecules, cells and genes is a fascinating course that examines many aspects of life at a microscopic level. I hope you find the experience rewarding and the information interesting. I look forward to meeting you in your lectures and practicals and wish you an exciting first session at university this year.”

School of Optometry & Vision Science

Academic Staff

Dr Vanessa Honson



Lecturer

- Seeing the World Perspectives from Vision Science
- The Clinical Environment

Room 1.064 Phone: 9065 9936

v.honson@unsw.edu.au

School of Optometry & Vision Science

Academic Staff

Prof Juno Kim



Lecturer

- Seeing the World Perspectives from Vision Science
- Ocular Imaging and Applied Vision Science

Room 3.006

x57474

juno.kim@unsw.edu.au

School of Optometry & Vision Science

Academic Staff

A/Prof Maitreyee Roy



Lecturer and Director ORLAB

- Geometrical and Physical Optics
- Visual Optics
- Ocular Imaging and Applied Vision Science

Room 3.032

Ph:9065 1496

Maitreyee.roy@unsw.edu.au

Year 2 Courses

Dr Vanessa Honson



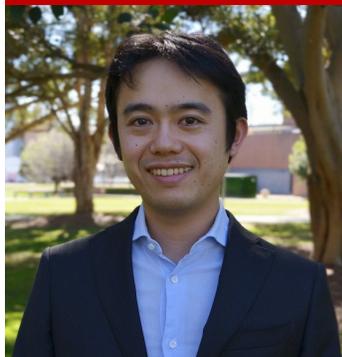
Clinical Environment

Dr Lisa Nivison-Smith



Ocular Anatomy and Physiology

Dr Nayuta Yoshioka



Dispensing

Dr Grant Hannaford



Dispensing

A/Prof Sieu Khuu



Vision Science

Year 3 Courses

A/Prof Nicole Carnt



Ocular Diseases

A/Prof Michele Madigan



Ocular Diseases

Dr Revathy Mani



Vision Science and Binocular Vision

Prof Juno Kim



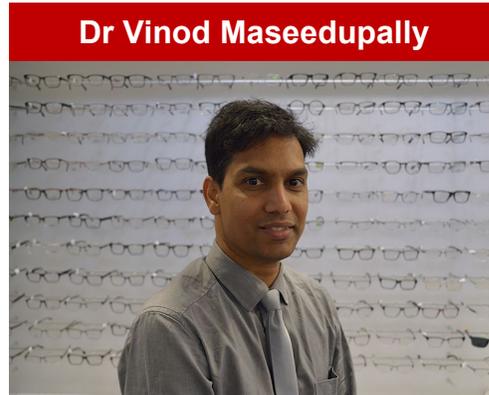
Vision Science

Dr Jerome Ozkan



Clinical Environment

Year 1 MCOptom Courses



Dr Vinod Maseedupally

Contact Lenses



Prof Isabelle Jalbert

Ocular Therapeutics



Dr Angelica Ly

Ocular Therapeutics



Dr Rebecca Dang

Optometry



Ms Lisa Feng

Optometry



Dr Kathleen Watt

Optometry



Dr Pauline Kang

Optometry



Ms Donna LaHood

Professional Optometry



Year 2 MCOptom Courses

Ms Elizabeth Wong



**Ocular
Therapeutics**

Dr Daisy Shu



**Ocular
Therapeutics**

Dr Sharon Oberstein



Optometry

Ms Amanda Lea



Optometry

Dr Kathleen Watt



Optometry

Ms Lily Ho



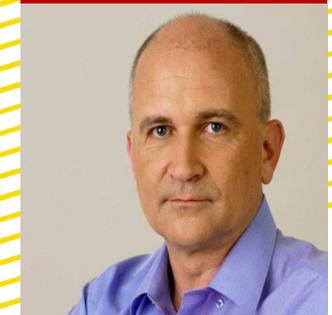
Optometry

Dr Vinod Maseedupally



Optometry

Prof Mark Willcox



**Final Year Research
Project**

UNSW Optometry Clinic

Full Scope Optometry Clinic

- Available to the public, students, staff
- Students are an integral part of delivering excellence in clinical training

Clinics on site

- Primary Care
- Contact Lenses
- Children's Vision
- Colour Vision
- Low Vision
- Myopia Clinic
- Ocular Pathology
- Red Eye
- Dry Eye Clinic
- Advanced Contact Lenses Clinic



- Provides **clinical experience** for Stage 4 and 5 students
- Over **8700** student **consultations** in 2025
- On site clinics and outreach clinical placements:
 - Stewart House, POW Diabetes Clinic, Guide Dogs, School Screening, HTH GMC Clinic and POW Eye Clinic
 - Hobart Hospital
 - Rural preceptorships and international preceptorships
 - Private practice placements
 - Ophthalmology and dermatology clinic and surgical placements



A promotional graphic for eye exams. It features a woman in a black hat and jacket holding two red heart-shaped sunglasses. The background is dark with a large white circle framing the woman. In the top left corner, there is a yellow box with the UNSW Sydney logo and the text 'Australia's Global University'. In the bottom left corner, there is a yellow circle with the text 'LOCATED ON UNSW KENSINGTON CAMPUS'. In the bottom right corner, there is a red circle with the text '20% OFF ALL PURCHASES'. In the center, there is a large white circle with the text 'FREE COMPREHENSIVE EYE EXAMS'. At the bottom, the text 'Everyone welcome' is written in a simple font.

UNSW
SYDNEY | Australia's Global University

FREE
COMPREHENSIVE
EYE EXAMS

20%
OFF ALL
PURCHASES

LOCATED
ON UNSW
KENSINGTON
CAMPUS

Everyone welcome

UNSW Optometry Clinic



Scientia Professor Fiona Stapleton AO
Clinical Teaching Director



Dr Sharon Oberstein
Senior Lecturer



Anthony Chapman-Davies
A/Professor



Lily Ho
Senior Lecturer & Deputy
Director of Clinical Teaching



Nikki Delaveris
Lecturer



Dr Vanessa Honson
Lecturer



Katherine Wong
Lecturer



Dr Rebecca Dang
Lecturer

UNSW Optometry Clinic



Amanda Lea
Lecturer



Lisa Feng
Lecturer



David Pye
Associate
Professor



Regina Chapman-Davies
Lecturer



Eihab Eltantawy
Lecturer



Nathan Ho
Lecturer



Elizabeth Wong
Lecturer



Elena Larocca
Lecturer



Amir Hali
Lecturer

UNSW Optometry Clinic



Katariina Pakarinen
Practice Manager



Debbie Huber
Optical Dispenser



Alyssa Collet
Clinic Receptionist
& Optical Dispenser



Melanie Hull
Clinic Receptionist
& Optical Dispenser



Jenny Huamani Davila
Clinic Receptionist &
Optical Dispenser

UNSW Optometry Clinic

We are excited to welcome you to experience the UNSW Optometry Clinic

Book an eye examination with us in Term 1

Book online:

[Book an appointment | School of Optometry & Vision Science - UNSW Sydney](#)

Limited appointments each week
Cancellation policy



School of Optometry & Vision Science Professional & Technical Staff



School Manager
Tracy Kane



Project Officer/EA
Nicola Kapo



Administration Officer
Jasmine Larden



Administrator
Daniel Pua



Undergraduate/MClinOptom
Michelle Wanandy



Clinical Placements
Michelle Bonanno

HDR Coordinators

Vicky Sawatt
Ina Ismail
Anne Barnes

**Postgraduate Teaching
Support Team**

Marcelle Runkat
Vanessa Green



**Technical
Laboratory Manager**
Dale Larden

**Student
and
Teaching Services**



Technical Assistant
Paul Zytnik

School of Optometry & Vision Science Support Team



Patricio Rodriguez
Computer Systems Officer
Specialist Technology Support



Jack Wan
Finance Analyst
Management Reporting and Analysis



Optics & Radiometry Laboratory

- Colorimetric and photometric measurement and calibration
- Product testing (sunglasses, eye protection, traffic signals, window glass, traffic signals, vehicle lights, road signs, high visibility materials)
- OMB LG22



Maitreyee Roy
Associate Professor
Director
ORLAB



Stephen Dain
Emeritus Professor
Consultant



Brian Cheng
Measurement, Calibrations
& Quality Coordinator



Olga Pitt
Customer Services
Officer



Ash Ang
Technical Officer



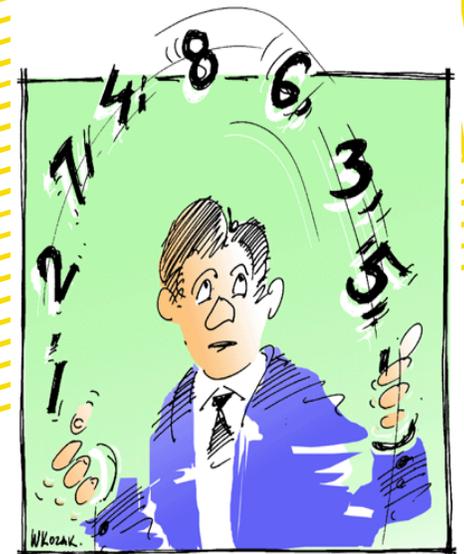
Shamit Mani
Technical Assistant



Rohan Sarkar
Technical Assistant

Now you are here.....

- Welcome and congratulations!
- We, the Faculty and UNSW are here to support you
 - Progression is not automatic in optometry program
 - Credit average required to progress
- Vision Science transfer at the end of Stage 3
 - Marks based and multiple mini-interviews
- Help and resources
 - School staff – coordinators, advisers and administrative staff
 - Student Optometry Society (OptomSoc)
 - Peer mentors
 - UNSW resources



Health and wellbeing

Protect others from getting sick

When coughing and sneezing
cover mouth and nose with
flexed elbow or tissue



Throw tissue into closed bin
immediately after use

Clean hands with alcohol-based
hand rub or soap and water
after coughing or sneezing and
when caring for the sick



What should you do if...?

You have academic/progression issues...

- See the academic staff concerned
- See the course convenor
- See the Student Adviser
- See the Head of School



A/Prof Michele Madigan
Student Adviser

Sooner rather than later!

What should you do if...?

You have medical/personal issues ...

- Submit a 'special consideration form' through myUNSW

You must apply for Special Consideration **before** the start of your exam or due date for your assessment, except where your circumstances of illness or misadventure stop you from doing so.

If your circumstances stop you from applying before your exam or assessment due date, you must **apply within 3 working days** of the assessment or the period covered by your supporting documentation.

- We and UNSW look closely at the details
- Genuine cases are accepted
- We do not accept online medical certificates
- Advise the course convenor
- Talk to the Student Adviser if you need further assistance
- Equitable Learning Services (previously known as Disability Support Services)

What should you do if...?

There are general program/other issues...

- Speak with professional staff or academic staff coordinator
- Talk to your year representatives
 - You are likely to not be the only one
 - May be able to solve it or respond appropriately
 - May bring it to the regular meeting they have with the Head of School
 - School Board



Michelle Wanandy
Undergraduate/MClinOptom
Teaching Support



Dr Revathy Mani
Undergraduate/Master of Clinical Optometry Coordinator

Study or other difficulties

UNSW Academic Skills Support:

- <https://www.student.unsw.edu.au/skills>

UNSW Psychology and Wellness:

- <https://www.student.unsw.edu.au/counselling>

Equity Diversity and Inclusion Committee :
Undergraduate/Master of Clinical Optometry

Representative: Winston Chau

First Responder Gendered Violence:

[Gendered violence - Safer Communities | Assurance and Integrity](#)

Mental Health First Aiders:

Dr Dale Larden/Dr Daisy Shu/Ms Kat Pakarinen/Ms Lily Ho/Ms Nicola Kapo

Grievances

- School Grievance Officer: A/Prof Sieu Khuu

- s.khuu@unsw.edu.au

Room 3.028 x54620

- Take it to (as applicable)

- the Course Convenor
- the Grievance Officer
- the Head of School
- the Registrar

A/Prof Sieu Khuu



- UNSW administration

- Student Complaints and Appeals
<https://www.unsw.edu.au/planning-assurance/conduct-integrity/complaints-unsw/student/student-complaints>

For Program and Enrolment Support

The Nucleus: Student Hub -

UNSW's central student services centre

Mission:

A one-stop shop students can trust to make their UNSW journey easier

Vision:

Providing Positive Student Experiences, guiding students through their Education Journey, ensuring they **feel supported and empowered** in navigating their options.



Ways for students to Access Our Services



Phone consultation: (02) 9385 8500



**Walk-in services/
Face-to-face appointment**



Online enquiries: Submit via [Student Web Forms](#)

Visit us: Level 2, Main Library (F21)



Use myPlan to stay on track!

- Check where you're up to in your program and track your progress towards graduation in real-time.
- Select your courses and seamlessly pull them from myPlan into your myUNSW enrolment basket.
- See all your completed, current and future courses in one place.



UNSW
SYDNEY



UNSW Sydney – Student Support and Services Guide

Academic skills development



Academic Skills for skill development and proof reading

Uni and life pressures

Financial, visa, housing, general support



Student Support or **Nura Gilli for Indigenous Students**

Educational adjustments

Student's studies and disability/health conditions



Equitable Learning Services (ELS)
Special Consideration and Short Extension

Disclosure of a Sexual Misconduct/Harassment/ Gendered Violence



[UNSW Gendered Violence Portal](#)

Physical Health Concerns



UNSW Health Service- Call Reception [+61\(02\)9385 5425](#), or make an appointment via the [online appointment system](#).

(If someone is seriously hurt or sick, please go to an emergency department for urgent treatment or call 000).

Mental health concerns



[Psychology & Wellness Service](#)

Mental Health Connect MindHub for resources

UNSW Mental Health Support- (02)9385 5418 24 Hour/ 7ays

After-hours SMS support: Text 0485 826 595 (Mon - Fri, 5pm - 9am / 24 hrs on weekends and public holidays)

Concerned about a student's mental health, request for a [Welfare Check](#)

Urgent mental health support



Emergency off campus, call [000](#).

24/7 UNSW Mental Health Support call [\(02\) 9385 5418](#)

On Campus emergency, call Campus Security:
[\(02\) 9385 6666](#)



Overseas:

If you are in a life-threatening situation overseas, call UNSW Campus Security on [+61 \(2\) 9385 6666](#)

If you are in an urgent need of Mental Health support while overseas, you can call [\(02\) 9385 5418](#) or email mentalhealthconnect@unsw.edu.au with your contact details, including a phone number with country code

Student Support - I Need Help With...

My Feelings and Mental Health
Feeling depressed, overwhelmed
or not your usual self?



Mental Health Connect
student.unsw.edu.au/mhc



TalkCampus
student.unsw.edu.au/Talkcampus



UNSW (24/7) Mental Health Support: [+61\(2\) 9385 5418](tel:+61293855418)

Text support After Hours: [0485 826 595](tel:+61293855418)



Offshore
Call 24-hour Medibank Hotline: [+61 2 8905 0307](tel:+61289050307)

Uni and Life in Australia
Stress, financial, visas,
Accommodation & More



Student Support
Indigenous Student Support
M&H Blakcademy Manager

student.unsw.edu.au/advisors
nura-gili-centre-indigenous-programs
Shannon Tobler-Williams s.toblerwilliams@unsw.edu.au

Gendered Violence Support



Equity Diversity & Inclusion (EDI)

<https://www.unsw.edu.au/student/support/health-wellbeing/gendered-violence>

Educational Adjustments
To manage my studies and
disability / health condition



Equitable Learning Services (ELS)

student.unsw.edu.au/els

Academic and Study Skills



Academic Skills

student.unsw.edu.au/skills

Special Consideration
Because life impacts our
studies and exams



Special Consideration

student.unsw.edu.au/special-consideration

Physical Health
Doctors visits, Vaccinations



Health Service

student.unsw.edu.au/hsu
OR Bulk Billed GP

External Mental Health Support

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
Lifeline.org.au

Mental Health Line

24/7 professional help and advice
Referrals to local mental health services

1800 011 511

1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse.

1800 737 732
1800respect.org.au

Beyond Blue

24/7 mental health support service

1300 224 636
beyondblue.org.au

headspace

Online support and counselling for young people aged 12 to 25

1800 650 890
(9am-1am daily)

Headspace.org.au/eheadspace
(webchat)

Mensline

24/7 counselling service for men

1300 78 99 78
Mensline.org.au

Qlife

LGBTIQ+ peer support and referral

1800 184 527
(6pm-10pm daily)

Qlife.org.au
(online chat 3pm-12 am daily)

13YARN

24/7 support service for Aboriginal and Torres Strait Islander people

13 92 76
13yarn.org.au

Online Mental Health Resources

Useful resources to support mental health literacy and peer support

Mind Hub

Links to curated resources for students

This Way Up

iCBT (internet delivered Cognitive Behavioural Therapy) courses for a range of anxiety, depressive and related mental health conditions

Black Dog

Evidence based mental health resources and support services

Your Room

Evidence based information about alcohol and other drugs

TalkCampus

University specific peer-to-peer support platform. Available in 26 different languages

Reach Out

Anonymous online platform that enables young people to connect and learn together

GambleAware

Information and support for problem gambling

Butterfly Foundation

Information and support for disordered eating

Communication

- University email
- Moodle
- Optometry and Vision Science web page

[Website: https://www.optometry.unsw.edu.au/](https://www.optometry.unsw.edu.au/)

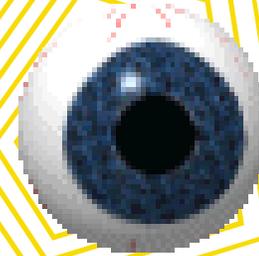
<https://www.facebook.com/UNSWOptom/>

<https://www.facebook.com/UNSWoptometryclinic/>

<https://www.linkedin.com/showcase/107816756>

Our Aim

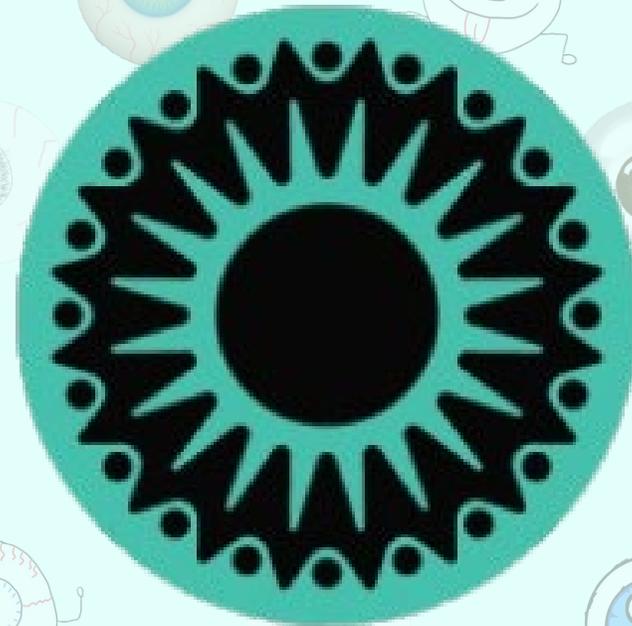
- ✓ To help you to develop relevant skills and experiences
- ✓ To prepare you for an interesting and rewarding career
- ✓ To make the University experience enjoyable
- ✓ To encourage you to remain connected as one of our alumni



UNSW

Giving

Sight

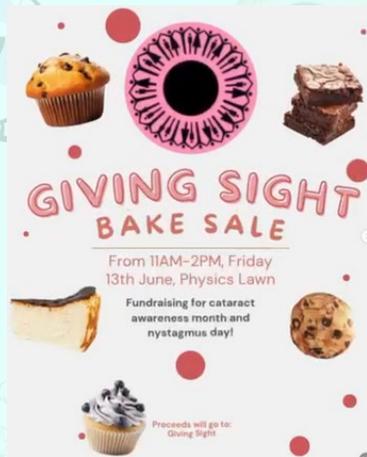


Who are we?



UNSW Giving Sight is a not-for-profit charity society that aims to spread awareness of visual disorders and raise funds for a society called Optometry Giving Sight

What we do



we hold exc-eye-ting events every
so often where we spread
awareness about eye diseases,
and fundraise for Optometry
Giving Sight!

(these are usually free!)



Join us!



become a member!



@UNSWGIVINGSIGHT

follow us on instagram!

keen for more?



if you're keen to be more involved in this society and play an active role, join our subcom!

click "Subcom Recruitment Form" on our Linktree

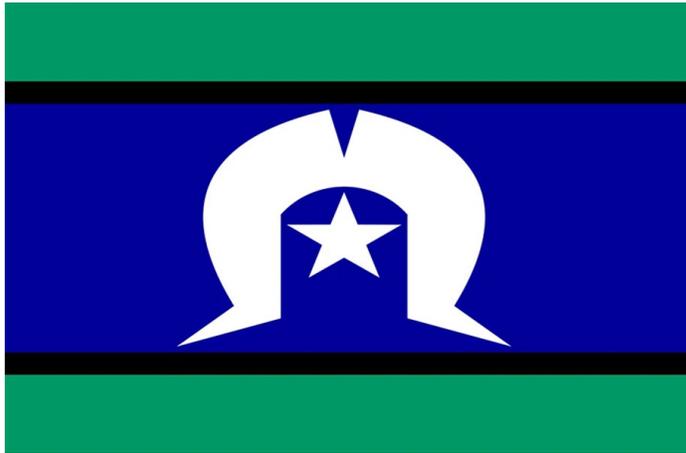


RAHMS

RURAL ALLIED HEALTH
& MEDICAL SOCIETY




Acknowledgement of Country



What do we do?

Roadtrips

Workshops

Conferences



Clinical Skills

8 multidisciplinary workshops in 2 nights



Yarns

led by an Indigenous elder



Rural Appreciation

weekend away for the rural experience



Rural HS visits

inspire students & teach them clinical skills

RURAL ALLIED HEALTH and MEDICAL SOCIETY

The University of New South Wales





We want ewe!

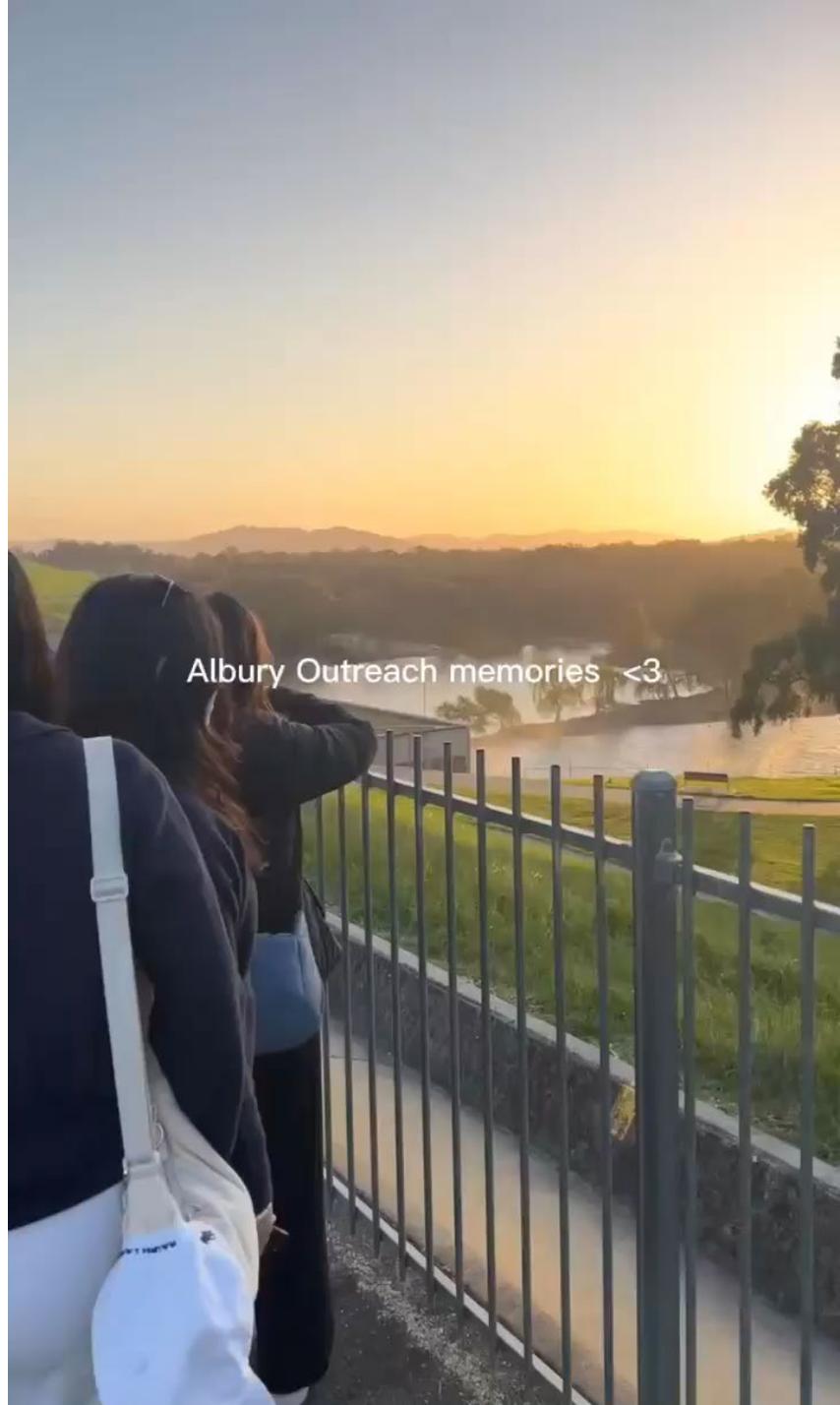


Kensington - Port Macquarie - Coffs Harbour - Albury - Wagga Wagga



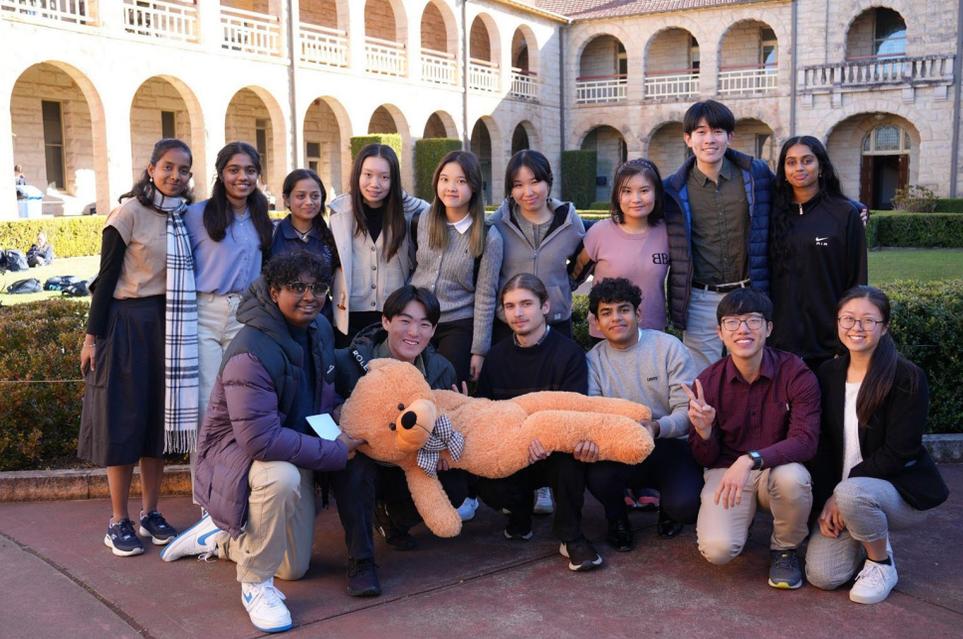
RURAL ALLIED HEALTH and MEDICAL SOCIETY

The University of New South Wales



Albury Outreach memories <3







Representative

Represent and be the voice for your degree in RAHMS



Sub-Committee

Be a part of the team, under a director, to bring events to life



Community Member

Anyone is welcome! Attend, be inspired & make friends



Join the family TODAY @rahmsunsw

Add us on our socials!



RURAL ALLIED HEALTH and MEDICAL SOCIETY

The University of New South Wales





UNIVERSITY OF NEW SOUTH WALES
OPTOMETRY AND VISION SCIENCE SOCIETY

School Welcome Day

Presented by Winston Chau and Patrick Hoang

About Us

Representative student body for all
Optometry and Vision Science students.

Consists of an executive team of 5th year
students and year representatives from
1st to 4th year.

We strive to provide educational support
and networking opportunities to students
as well as deliver engaging events.



Photo: UNSW OptomSoc Executive Team 2026

*From L to R: Jennifer Lo (Treasurer), Sophie Lee (Secretary), Winston Chau (President),
Patrick Hoang (Vice-President), Hala Khaldi (Marketing Director), Steven Do (Events Coordinator)*

Events



BBQs



Industry Day



Pub Crawl

The first of which will be straight after your campus tours!



Cruise



Eyeball

Student Wellbeing and Action Group (SWAG)

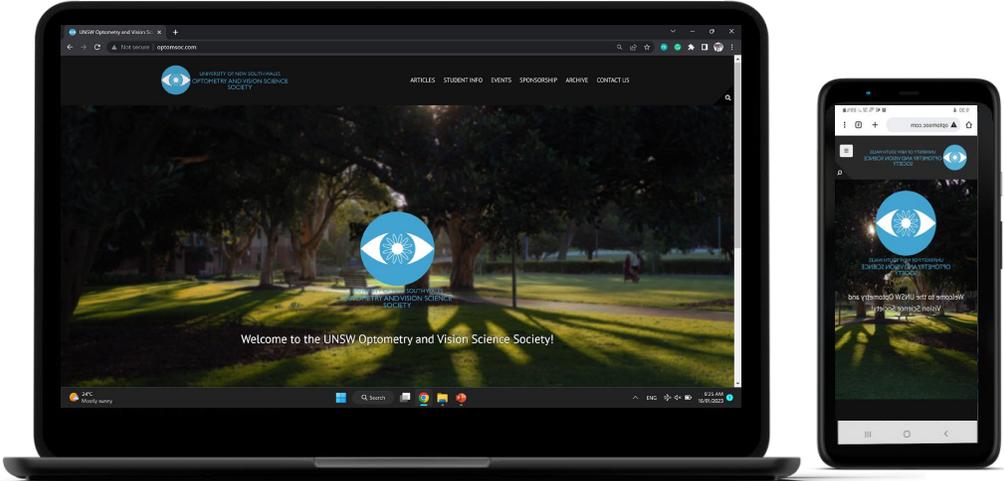
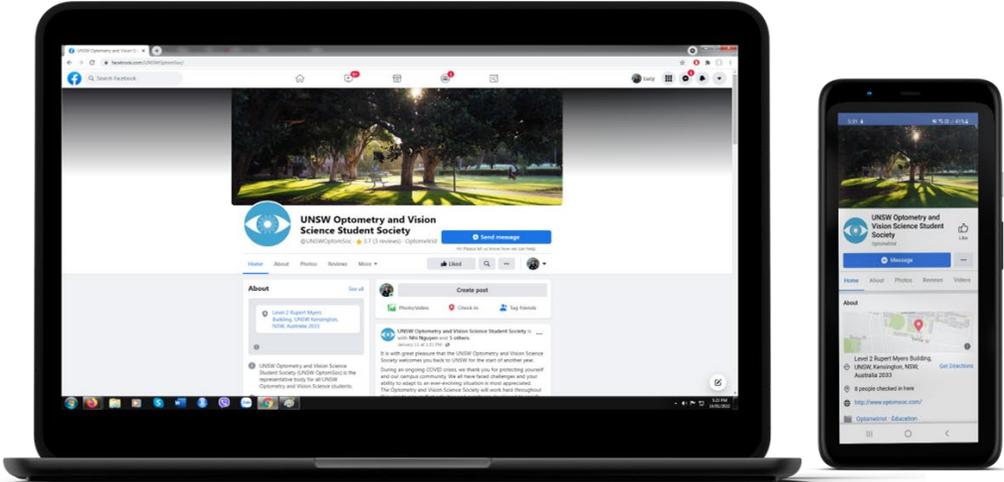
Student-led Initiative specifically targeting wellbeing of Students.

Focused on Mental Health, Wellbeing and Connection with peers.

Dedicated to helping students transition from high school to university life through to graduation.



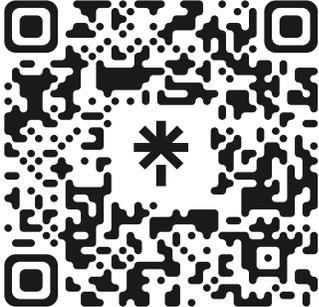
Staying Connected



Facebook Page - UNSW Optometry and Vision Science Student Society



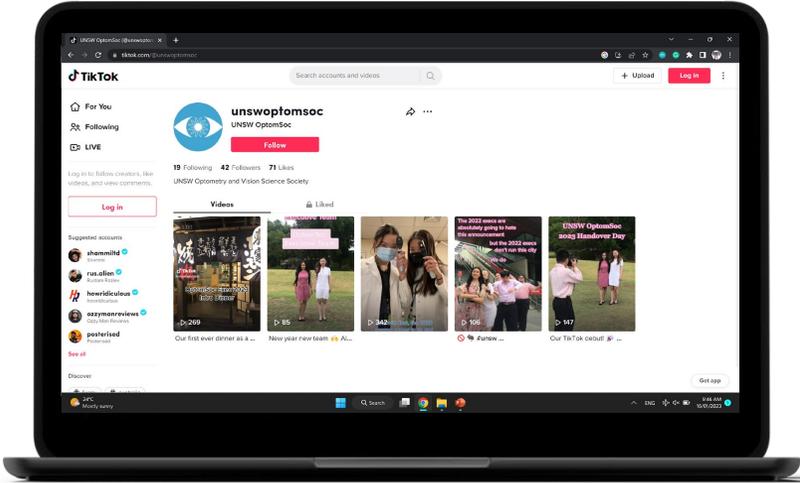
Website: www.optomsoc.com



Scan for all our socials!



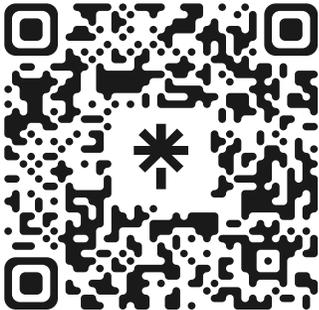
Staying Connected



@unswoptomsoc



@unswoptomsoc



Scan for all our socials!



Merch

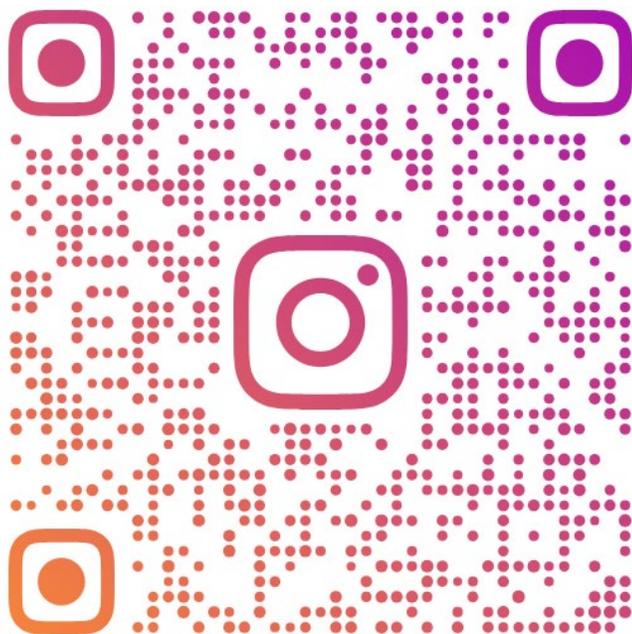


Stayed tuned on our socials for this year's design release!



OPTOM CLASS OF 2030

3 members



Class of 2030 Group Chat



**Peer Mentoring 2026
Signup Link**



2026 Peer Mentoring Program



What supports are available?

SOVS SWAG Program & OptomSoc

- See previous slides...

PASS Program

- Peer Assisted Student Support
- Academic support program
- Available for VISN1111 (T2), VISN1221(T3)

SOVS Peer Mentoring

- Support group to enable transition from high school to university
- Limited emphasis on academic support...
- **Protip: sign up right after this!**

University- very different to high school...

- Huge campus
- SO MANY resources...
- Different student expectation
 - Self-directed learning
 - Rote learning less important
- Are you the only one from your school?
- Commuting? Eating? Socialising? Wifi access?
- Interstate? International?

Me and some randoms sitting on the same table on our first class (we don't know anyone in class)



How can we make this easier?

Research and Development in Higher Education Volume 34

An exploratory investigation into first year student transition to university

Angela Bowles

University of Greenwich, Greenwich, UK
A.Bowles@greenwich.ac.uk

Alexandra Dobson

University of Wales, Newport, UK
Alexandra.Dobson@newport.ac.uk

Ron Fisher

Griffith University, Gold Coast, Qld, Australia
R.Fisher@griffith.edu.au

Ruth McPhail

Griffith University, Gold Coast, Qld, Australia
R.McPhail@griffith.edu.au

Table 1: Measures of Student perceptions of Enablers to Transition

Measure	Description of variables
STUDY	Study skills, time management, willingness to seek assistance and guidance particularly from academic staff
EFFORT	Motivation, commitment, willingness to work hard and join the university culture. Motivated to interact with others
ORIENTATION	Found to be a useful precursor to studies. Effective in giving an opportunity to meet staff and student services
LEARNING@UNI	Accessibility or usefulness of university's web-based course systems and self-serve portals in transition to university
CULTURE	Feelings of belonging, value and culture associated with being a student at this particular university
FACILITIES	Adequacy of infrastructure in supporting transition, particularly parking, computer labs, study areas and wireless network
SOCIAL	Perception of the importance of regular and well publicised university led social events for developing friendships/networking

the meaning of constituent variables. On inspection of the underlying meaning of the measures it was noted that students' willingness to seek academic support, the effort they put into transition, along with their desire for creating a sense belonging, as measured by STUDY, EFFORT and CULTURE, were student-centred or *intrinsic* measures (i.e. within the students themselves). Juxtaposed were university-led, *extrinsic* items that assisted transition, namely orientation, web-based course assistance, computer and study facilities, and university sponsored social events, as measured by ORIENTATION, LEARNING@UNI, FACILITIES and SOCIAL respectively. Descriptive statistics and correlation analysis of the seven

Who are the peer mentors?

- **4th year students or 1st year of Master of Clinical Optometry students**
- **Approachable, leadership experience**
- **Trained by UNSW Counselling and Psychological Services**

Sign Up Here!

<https://www.unsw.edu.au/medicine-health/our-schools/optometry/student-life/student-opportunities/peer-mentoring-program-registration>



Sign-up today

- Tour today
 - outside this lecture theatre
 - For ALL students studying in our course/program
- Scan the QR Code to sign-up!



PEER MENTORS



UNSW
SYDNEY



Peer mentoring & settling into university



Meet the Mentors

Angela Jin

Bennett Chan

Titir Mukherjee

Shuly Chang

Zachary Hua



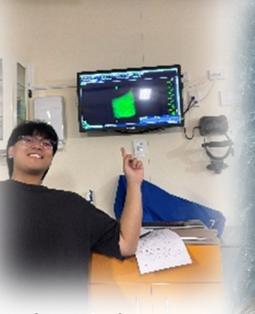
Tiffany Tan

Lillian Lin

Riley Cheng

Nicolette Leow

Ashley Choi



Kylie Huynh

Nathaniel Leung



Gloria Han

Christina Cheng

Devmini Jayasinghe

Joshua Javier

Ericka Nguyen

Katrina Meng

HIGH SCHOOL	UNIVERSITY
Subjects	Courses
Periods / class	Lectures / tutorials
Practicals	Labs
Syllabus	Course outline

Recommended program structure

- **Term 1 2026**

- BABS1201 Molecules, Cells and Genes (6UoC)
- MATH1031 Mathematics for Life Science (6UoC) or MATH1131 Mathematics 1A (6UoC) or MATH1141 Higher Mathematics 1A (6UoC)
- VISN1101 Seeing the World: Perspectives from Vision Science (6UoC)

- **Term 2 2026**

- CHEM1011 Chemistry 1A: Atoms, Molecules and Energy (6UoC)
- VISN1111 Geometrical and Physical Optics (6UoC)

- **Term 3 2026**

- VISN1221 Visual Optics (6UoC)
- PHYS1111 Fundamental of Physics (6UoC) or PHYS1121 Physics 1A (6UoC) or PHYS1131 Higher Physics 1A (6UoC)
- CHEM1829 Biological Chemistry for Optometry Students (6UoC)

What the peer mentoring program involves

- Meeting up once a week for the first 8 weeks
- Answering any questions
- Helping you find your way around uni
- Tips, advice from us

Why should I join peer mentoring?

- Helps to transition from high school to university
- Find new friends
- Know where the good food and coffee are
- Social group
- Have all your questions answered about the course and uni life
- **(Note: this is not a tutoring group!)**

General tips

- Don't skip lectures (yes they are recorded that's not enough!!)
- Uni = lectures, tutorials, labs
- Look through the course outline
- Assessments = written exams, online quizzes, using specialised programs (MAPLE)
- Keep track of due dates
- Group study sessions are useful
- Textbooks ???

General tips pt 2

- GET THE LOST ON CAMPUS APP
- Join the 1st year Optom/Vis Sci group chat
- Get involved with other societies that align with your interests while you still have plenty of time!

Peer Mentoring Events During Term



EYE-Mazing Race

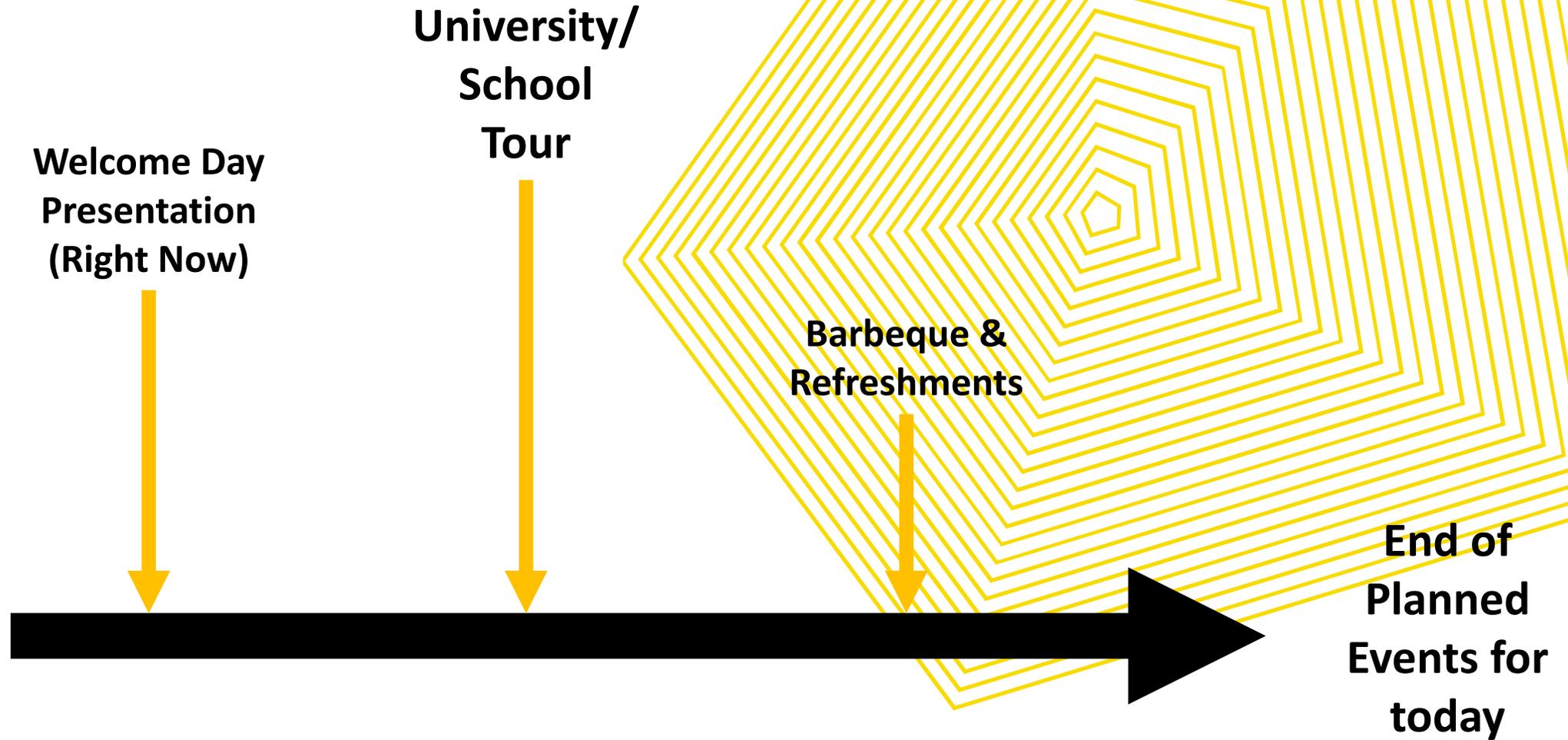


Picnics and BBQs



Trivia Nights

Outline for Today's Events



Thank you and enjoy first year!



UNSW
SYDNEY