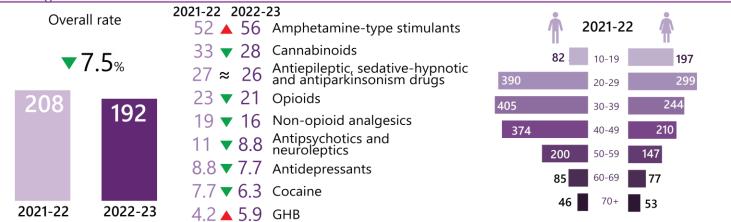
New South Wales



Drug-related hospitalisations per 100,000 people (excluding alcohol and tobacco)



Note: The ▲ up arrow indicates a statistically significant increase, while the ▼ down arrow indicates a statistically significant decrease in population rates from 2021-22 to 2022-23. Sign '≈' indicates non-significant change.

There were 15,433 hospitalisations with a drug-related principal diagnosis in <u>New South Wales</u> in 2022-23, equivalent to 0.46% of all hospitalisations in New South Wales.

This is equivalent to 192 hospitalisations per 100,000 people, which was 7.5% lower than the rate in 2021-22 (208 hospitalisations per 100,000 people) (Table A18, Appendix), and a record low for the past two decades (Figure 1).

Sex

In 2022-23, the rate of hospitalisations was higher among males than females (218 versus 166 hospitalisations per 100,000 people, respectively).

Age

In 2022-23, the rate of hospitalisations was <u>highest</u> among the 20-29 age group, followed by the 30-39 and 40-49 age groups (346, 324, and 291 hospitalisations per 100,000 people, respectively). Among males, the rate of drug-related hospitalisations was highest in the 30-39 age groups, and among females in the 20-29 age group.

Remoteness Area of Usual Residence

The highest rate of hospitalisations in 2022-23 was observed in <u>remote and very remote</u> New South Wales (211 hospitalisations per 100,000 people), while the number of hospitalisations was highest in major city areas (12,138 hospitalisations) (Figure 2).

External Cause of Drug Poisoning

In 2022-23, 33% of drug-related hospitalisations in New South Wales were due to drug poisoning. Furthermore, 68% of drug poisoning-related hospitalisations were intentional (43 hospitalisations per 100,000 people) and 23% were unintentional (14 hospitalisations per 100,000 people) (Figure 3).

Drug Type

In 2022-23, the rate of hospitalisations was <u>highest</u> where there was a principal diagnosis indicating amphetamine-type stimulants (56 hospitalisations per 100,000 people) (Figure 4).

Compared to 2021-22, there were significant decreases in the 2022-23 rates of hospitalisations related to:

- cannabinoids (▼15%),
- opioids (▼8.5%),
- non-opioid analgesics (▼15%),
- antipsychotics and neuroleptics (▼16%),
- antidepressants (▼12%), and
- cocaine (▼18%) (Table A18, Appendix).

In contrast, there were significant increases in the rates of hospitalisations related to:

- GHB (~39%),
- amphetamine-type stimulants (\$\time\$8.2%),
- methamphetamine (▲9.6%), and

MDMA/ecstasy (~33%).

Figure 1. Age-standardised rate per 100,000 people of drug-related hospitalisations, by sex, New South Wales, 2003-04 to 2022-23.

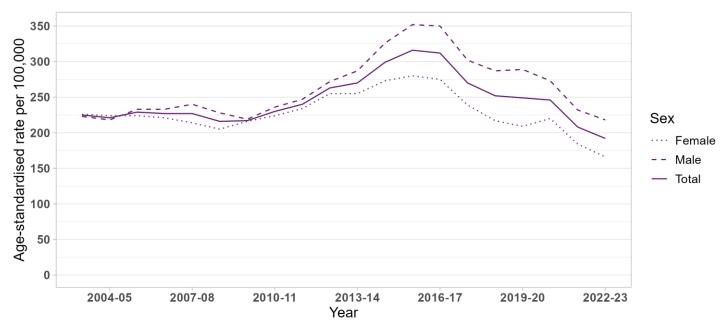
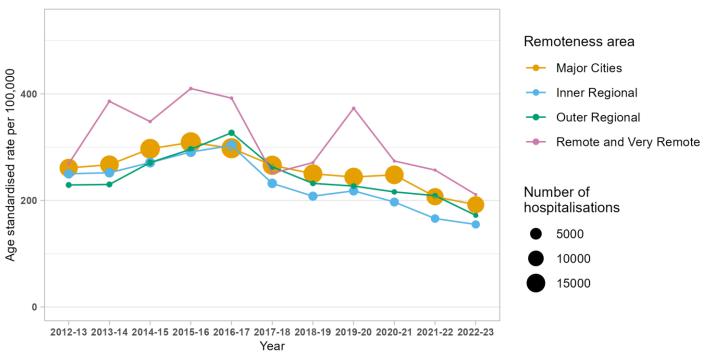


Figure 2. Age-standardised rate per 100,000 people of drug-related hospitalisations, by remoteness, New South Wales, 2012-13 to 2022-23.



Note: The size (area) of the bubble is proportional to the number of hospitalisations. Data on remoteness are only available from 2012-13.

Figure 3. Age-standardised rate per 100,000 people of drug-related hospitalisations, by principal diagnosis of mental and behavioural disorder due to substance use (A) and external cause of poisoning (B), New South Wales, 2003-04 to 2022-23.

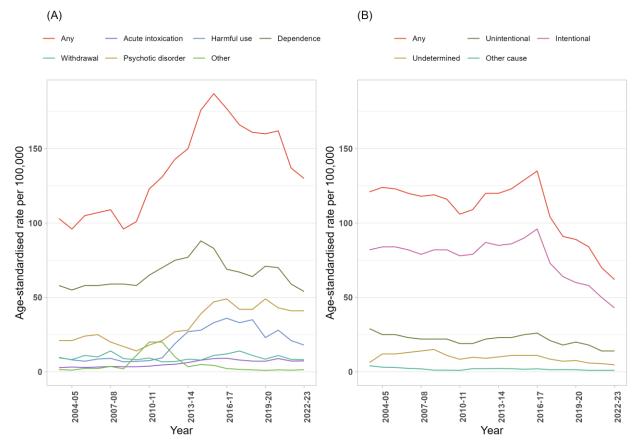


Figure 4. Age-standardised rate per 100,000 people of drug-related hospitalisations, by drug identified in the principal diagnosis, New South Wales, 2003-04 to 2022-23.

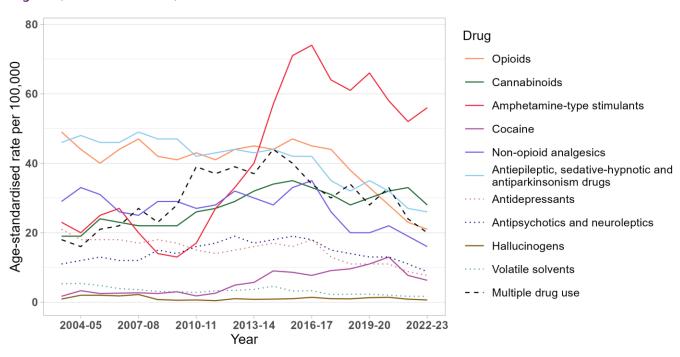


Table A18. Age-standardised rate (per 100,000 people) of drug-related hospitalisations in 2022-23 and average percent change for difference compared to 2021-22, in New South Wales by drug type identified in the principal diagnosis

		5 71	
Drug	Rate in 2022-23 (95% CI)	Rate in 2021-22 (95% CI)	APC (95% CI)
All drugs	192 (189, 195)	208 (204, 211)	-7.5 (-9.5, -5.4)
Amphetamine-type stimulants	56 (54, 58)	52 (50, 53)	8.2 (3.6, 13.0)
Methamphetamine	46 (44, 47)	42 (40, 43)	9.6 (4.5, 15.0)
Cannabinoids	28 (27, 29)	33 (32, 34)	-15 (-20, -10)
Antiepileptic, sedative-hypnotic and antiparkinsonism drugs	26 (25, 27)	27 (26, 28)	-3.2 (-8.8, 2.8)
Opioids	21 (20, 22)	23 (22, 24)	-8.5 (-14.4, -2.2)
Multiple drug use	20 (19, 21)	24 (23, 25)	-19 (-24, -13)
Non-opioid analgesics	16 (15, 17)	19 (18, 20)	-16 (-22, -9)
Antipsychotics and neuroleptics	8.8 (8.2, 9.5)	11 (10, 11)	-17 (-25, -8)
Antidepressants	7.7 (7.1, 8.4)	8.8 (8.1, 9.5)	-12 (-21, -2)
Cocaine	6.3 (5.8, 6.9)	7.7 (7.1, 8.3)	-18 (-27, -8)
GHB	5.9 (5.4, 6.4)	4.2 (3.8, 4.7)	39 (21, 61)
MDMA/Ecstasy	1.9 (1.6, 2.2)	1.4 (1.2, 1.7)	33 (3, 71)
Volatile solvents	1.7 (1.4, 2.0)	1.7 (1.4, 2.0)	-1.1 (-21.6, 24.9)
Hallucinogens	0.64 (0.48, 0.85)	0.86 (0.67, 1.10)	-25 (-48, 8)

Note: 95% confidence intervals for the age-standardised rate and average percent change are shown in brackets. Please refer to our <u>methods</u> document on 'Presentation of results' for interpretation of average percent change. Please also refer to our <u>methods</u> document on 'Scope of the data' and 'Coding of hospitalisations' for specifications of data selected and all exclusions.

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Please note that as with all statistical reports there is the potential for minor revisions to data in this report. Please refer to the online version at <u>Drug Trends</u>.

Please contact the Drug Trends team with any queries regarding this publication: drugtrends@unsw.edu.au.

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Related Links

- Hospitalisations data visualisations: https://drugtrends.shinyapps.io/hospital_separations
- Hospitalisations methods document: https://www.unsw.edu.au/research/ndarc/resources/trends-drug-related-hospitalisations-australia-2003-2023
- For other Drug Trends publications on drug-related hospitalisations and drug-induced deaths in Australia, go to: National Illicit Drug Indicators Project (NIDIP)
- For more information on NDARC research, go to: <u>National Drug & Alcohol Research Centre | Medicine & Health UNSW</u>
 Sydney
- For more information about the AIHW and NHMD, go to: https://www.aihw.gov.au/
- For more information on ICD coding go to: ICD-10-AM/ACHI/ACS Eleventh Edition | Resources | IHACPA
- For more research from the Drug Trends program go to: <u>Drug Trends | National Drug & Alcohol Research Centre UNSW Sydney</u>